Blum Center for Health

DRIP ROOM IV MENU

Wellness Drip: also called a Myers Cocktail, think of this like a basic multi. It will treat most nutrient deficiencies, and also help with energy, productivity and general wellness.

Immunity Drip: high dose vitamin C has been shown to treat infections ranging from Epstein Barr Virus (the virus causing Mono, autoimmunity in some people, and possibly chronic fatigue syndrome) to overwhelming body-wide bacterial infections (sepsis) in recent studies. We add zinc and recommend following the drip with a "single" of Glutathione for optimal immune recovery.

Hair Support: we add n-acetyl cysteine and biotin, nutrients essential for hair growth, as well as extra zinc and selenium.

ADD-ON MENU

Energy add on: In addition to the B vitamins included in the Myers cocktail, this add on has amino acids and activated niacin to support mitochondrial function. Mitochondria are the tiny energy factories in every cell.

Phosphatidylcholine add on: cell and mitochondrial membranes are largely made up of lipids and phosphatidylcholine is one of the main lipid membranes. This is given separately after a nutritional IV to boost cell membrane health and support nutrient transport in and out of the cell.

Glutathione alone or add on: the ultimate antioxidant and detoxifier. It cannot be mixed in an IV bag with other vitamins, and can be given at the end of your drip as an "add on" or by itself in its own drip room visit.

Drips \$175 **Glutathione Alone** \$125 **Add On's:** \$50

Drip Packages:

- 4-Wellness, Immunity, or Hair Support for \$625
- 4-Energy, Glutathione or Phosphatidylcholine add-ons for \$175
- 4-Glutathione Alones for \$450

Ready to get started?

Everyone new to the IV program needs to be medically screened. If you are an existing patient, simply call our front desk to schedule an appointment for your Drip.

For Clients new to Blum Center for Health: Schedule a one-time initial screening visit with Dr. Gereau or Elizabeth Greig, FNP (\$100). They will order the required screening blood tests. We take your health seriously and while the risks are minimal for IV vitamins, we require that you are medically screened, and fully informed about the program before you begin.