

Blum Center for Health

DRIP MENU

\$195

***Wellness Drip:** also called a Myers Cocktail, think of this like a basic multi. It will treat most nutrient deficiencies, and also help with energy, productivity and general wellness.

***Immunity Drip:** high dose vitamin C has been shown to treat infections ranging from Epstein Barr Virus (the virus causing Mono, autoimmunity in some people, and possibly chronic fatigue syndrome) to overwhelming body-wide bacterial infections (sepsis) in recent studies. We add zinc and recommend following the drip with a "single" of Glutathione for optimal immune recovery.

***Glutathione Drip:** the ultimate antioxidant and detoxifier.

Special Package of 4 IVs: Wellness, Immunity or Glutathione \$700

***Hydration Drip-** actually salt water or another electrolyte solution that will fill up your tank after intense exercise, jet lag, or a weekend of celebrating. A basic multivitamin can be added to this as well. (no package rate available) \$95. For an additional \$50 multivitamins can be added.

BOOST MENU

\$50

- **Energy Boost:** In addition to the B vitamins included in the Myers cocktail, this add on has amino acids and activated niacin to support mitochondrial function. Mitochondria are the tiny energy factories in every cell.
- **Glutathione Boost:** the ultimate antioxidant and detoxifier. It cannot be mixed in an IV bag with other vitamins and can be given at the end of your drip as an "add on" or by itself in its own drip room visit.
- **Hair, Nail & Skin Support:** we add n-acetyl cysteine and biotin, nutrients essential for hair growth, as well as extra zinc and selenium.

Special Package of 4 Boosts : Energy, Hair or Glutathione - \$180

- **Hydration Boost:** \$30 (no package rate available)

Intensive IV Therapy (price varies depending on dose and time)

- **High Dose Vitamin C:** High dose vitamin C up to 100 grams per infusion has been shown in research studies to reduce viral load from chronic Epstein Barr infections which can affect energy and immune health. This therapy is also used as part of a cancer treatment and prevention protocol and improves tolerance to chemotherapy with less pain, reduced infections, and more energy. Vitamin C is a strong antioxidant and it is this quality that helps to eradicate viruses and cancer cells.
- **Iron Boost:** This therapy is perfect for those who have significant iron deficiency anemia from chronic blood loss (e.g., fibroids, heavy periods, etc.) and can't tolerate oral iron because of constipation or GI upset. Ferrlicet is a well-tolerated IV iron therapy that will replenish your iron stores.
- **Migraine Support:** This formula provides excellent relief for moderate to severe headaches and will often break the cycle of pain from chronic headaches. It is high in magnesium, vitamin C, and B-vitamins.

Ready to get started?

Everyone new to the IV program needs to be medically screened. If you are an existing patient, simply call our front desk to schedule an appointment for your Drip.

For Clients new to Blum Center for Health: Schedule a one-time initial screening visit with Dr. Gereau or Elizabeth Greig, FNP (\$100). They will order the required screening blood tests.

We take your health seriously and while the risks are minimal for IV vitamins, we require that you are medically screened, and fully informed about the program before you begin.